



**LIVE HEALTHY NAPA COUNTY  
Leadership Collaborative (LLC) Meeting**

**Date:** 14 November 2016      **Time:** 1:30 – 3:00 p.m.

**Location: HHSA South Campus: Building A, Madrone Conference Room (1st Floor)**

**Objective:** Discuss & determine priorities for LHNC efforts/focus  
Set meeting agenda for LHNC Partners meeting

<b>Present</b>	<b>Absent</b>		<b>Present</b>	<b>Absent</b>	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Krystal Barker</b> HHSA – Public Health	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<b>Kristin (Kris) Brown</b> HHSA – CSOA
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Bill Carter</b> HHSA – Behavioral Health	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Heidi Merchen</b> HHSA – Public Health
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Dana Codron</b> QVMC	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Karen Relucio</b> HHSA – Public Health
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Karen Collins</b> HHSA – Assistant Director	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Joelle Gallagher</b> Cope Family Center
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<b>Alissa Gentile</b> On The Move	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Melissa Habedank</b> OLE Health
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Jennifer Henn</b> HHSA – Public Health	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Jennifer Palmer</b> HHSA-Public Health
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Howard Himes</b> HHSA – Director	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Tracy Lamb</b> Napa NEWS
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<b>Norma Lisenko</b> Healthy Cooking w/Kids/NEOP	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<b>Leanne Martinsen</b> Napa/Solano Agency on Aging
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<b>Laura Mooiman</b> Napa Valley Unified School District	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Andy Mughannam</b> UpValley Family Center
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Jenny Ocon</b> UpValley Family Center	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<b>Lynn Perez</b> HHSA – Self Sufficiency
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Becky Peterson</b> Napa Vintners	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Margaret Wigger</b> VOICES/On The Move
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<b>Celine Regalia</b> Collabria Care	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Anne Steinhauer</b> Napa Valley Coalition of Non-Profits
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Jennifer Stewart</b> Napa Valley Education Foundation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Mitch Wippern</b> HHSA – Operations
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<b>Rob Weiss</b> Mentis	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Rick Tooker</b> City of Napa – Planning

<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Cara Mae Woledge</b> HHSA – Public Health	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Elba Gonzalez-Mores</b> Napa Community Health Initiative
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Lupita Melgoza</b> On The Move Phillips FRC	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Andi Banks</b> HHSA – Operations
<b>Item</b>		<b>Agenda Item Discussion/Information</b>			
<b>Introductions</b>		<ul style="list-style-type: none"> <li>• Overview of Today’s Agenda</li> </ul>			
<b>Discussion</b>		<ul style="list-style-type: none"> <li>• Election results</li> <li>• Next steps for HHSA/CBO Town hall discussion</li> </ul>			
<b>City Of Napa Planning Department</b>		<ul style="list-style-type: none"> <li>• General Plan: process, timing, opportunity for engagement</li> <li>• Housing that is Affordable in Napa: plans, opportunities for engagement/support</li> <li>• Discussion</li> </ul>			
<b>Healthy Bodies Coalition</b>		<ul style="list-style-type: none"> <li>• HBC work and the Social Determinants of Health</li> <li>• Discussion</li> </ul>			
<b>Meeting Plus – Deltas</b>		<ul style="list-style-type: none"> <li>• Discussion</li> </ul>			
<b><u>ACTION ITEMS – Follow Up</u></b>		<ul style="list-style-type: none"> <li>✚ Internal Town hall meetings to begin on Monday, November 21<sup>st</sup></li> <li>✚ Training dates for Implicit Bias, Cultural Intelligence and Emotional Intelligence to be sent out via LHNC newsletter, and to the Coalition of Non-Profits for distribution</li> <li>✚ Community Town Halls for election outcome next steps</li> <li>✚ Community Meeting Tonight @ Harvest Middle School for OSR Property</li> <li>✚ Advocacy and Resiliency training sessions to be offered to the community</li> <li>✚ Visuals from Housing Summit 2.0 are available on the LHNC website</li> </ul>			
<b>Next Meeting</b>		<ul style="list-style-type: none"> <li>• January 9, 2016 HHSA South Campus Bldg A – Madrone</li> </ul>			

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## MEETING MINUTES

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### I. Overview of Agenda – Joelle Gallagher – (Information) 1:30 – 1:35pm

### II. Discussion of election and next steps to organize an HHSA/CBO town hall discussion (Information) (Discussion) 1:35 – 1:55pm

- The LLC began the discussion surrounding the election outcomes and how they will affect the work that we are doing with the Social Determinants of Health (SDoH).
- The conversation focused on how we should plan for and respond to potential changes that will occur with a shift in Government Administration.
- The Health and Human Services Agency (HHSA) has been engaged in processes surrounding diversity and inclusion for several years now with the goal of increasing our ability to engage and support the community we serve, while maintaining the integrity of the relationships that we have built.
- HHSA as an agency will begin holding town hall meetings for staff and community organizations to discuss the immediate concerns of our internal staff and clients. Our aim is to provide a safe place to directly address the underlying fears relating to the uncertain nature, provide reassurance, and to promote unified support for the community.
- The Government Alliance on Race and Equity (GARE) has been working with HHSA to providing better quality services to the community that we serve.
- The group discussed that it is important not to normalize what is happening in terms of the increase in racially motivated incidents and hate crimes. HHSA, CBOs and others should work together to plan how best to continue serving the community during this time.
  - Joint statement from CA legislators passed out in English and Spanish for sharing.
- It was agreed that that training on resiliency and advocacy would be beneficial for the community.
- Action steps: within HHSA – planning dates for our community discussions, utilizing the emergency communication structure, creating and distributing talking points/handouts, activating a joint information center to develop messaging and disseminate throughout the community.
- Coalition of Non-Profits agreed to distribute information on upcoming trainings HHSA is offering on implicit bias, cultural competency, and emotional intelligence.

### III. Rick Tooker, City of Napa Planning Department (Information) (Discussion) 1:55pm - 2:35pm

- The general plan revision is scheduled to begin toward the second half of 2017. This three year, multi-million dollar process begins with a 15 member steering committee.
- The opportunity to get involved in the general plan process begins with volunteering to be a member of this steering committee.
- Public listings of meetings, agendas, and minutes are published on the Planning, Building & Environmental Services (PBES) website, as well as being published in the local paper.
- Surveying questions have listed affordable housing as the single most important issue in Napa County. Ideally in the general plan we would have health elements incorporated. General plan may incorporate building housing that is near transit, near schools, and near shopping. There may be plans to build higher density near hospital to aid in downstream investments for healthy aging in place measures.

- Home prices are not affordable to median income households. Over 1/3 of families earn less than \$50,000 per year. The market rents are not affordable to low income households. Tight vacancy rates in the market are driving up the prices of homes in the Napa Valley.
- Recent projects and programs include:
  - i. Laurel Manor Renovations
  - ii. Napa Valley Community Housing
  - iii. Oak Creek Terrace
- Current projects include:
  - i. Soscol Avenue Project
  - ii. Napa Creek Village
  - iii. Habitat for Humanity – New build

#### IV. Andy Mughannam, Healthy Bodies Coalition **(Information) (Discussion) 2:35 – 2:55pm**

- HBC has adopted the worksite wellness policy as the focus of this component plan.
- Worksite wellness embodies enriching ourselves to provide self-care in order to best serve our community. We spend over half our waking hours at work and the conditions at work play a significant role in our overall health and wellbeing.
- Why focus on wellbeing at work?
  - i. For every dollar invested in worksite wellness, there is on average a \$5 return on investment.
  - ii. In developing a plan in the workplace to change behavior, increase productivity and motivate people to do something.
  - iii. The idea is to create worksite wellness to give people the skills and the tools to implement.
  - iv. There are 4 main goals of the worksite wellness policy:
    1. Get organized - gather data, research worksite wellness policies
    2. Education and outreach to the community
    3. Providing technical assistance to organizations
    4. Continue to implement and enhance while looking at data
- The Bay Area Nutrition and Physical Activity Collaborative (BANPAC) has resource materials, yoga mats, and exercise balls that are available through the Nutrition Education Obesity Prevention (NEOP) program. Participation in a wellness policy offers free promotion through media platforms (such as Live Healthy Napa County (LHNC)) for engagement in worksite wellness.
- The largest component of a successful wellness policy is having all levels of participation including upper management teams.
- By bringing educational tools and resources to the places where you live and work, it enables the HBC to grow in a diverse network of support.

#### V. Meeting Plus/Deltas - Joelle Gallagher - **(Discussion) 2:55 – 3:00pm**

- Conversation on action and transparency
- Response to immediate outcomes and sense of urgency
- Passion and reaffirming commitment to our community
- No deltas listed