



*1<sup>st</sup> Annual*

# JUSTIN-SIENA WELLNESS FAIR

*for youth ages 12-18 & their parents*

## **Awareness and educational info for youth including:**

- Self-care
- Mental Health
- Nutrition
- Dental & Oral Health
- Massage Therapy
- First Aid
- Emergency preparedness
- Substance Abuse
- Anti-Vaping
- Drinking & Driving Prevention
- Comfort Dogs
- Driver Safety
- Bike Safety
- Police & Fire Safety
- Park & Rec Info
- Health & Fitness
- Personal Training
- Local Sports
- Yoga

The Justin-Siena Wellness Fair is a free event that provides an opportunity for young people and their families to learn about the many resources available to them within our community in regards to health and wellness.

*food trucks ♦ door prizes ♦ give-aways*

**SUN, SEPT. 22, 2019**

**2-5 pm**

**Justin-Siena Dining Hall**

4026 Maher St. | Napa

[www.justin-siena.org](http://www.justin-siena.org)

707.255.0950 ext. 591

*We are thrilled to partner with several local youth-led/ youth-focused organizations who are doing positive work in our community including 100 Kids Who Care Napa, Alaina's Voice Foundation, The GIGG, The Youth Leadership Academy of Napa, The Hero Foundation, Napa County Kids Care, Napa Valley Kid, Team Rescue, Teens Connect, Be Kind Napa, Friday Night Live, and V.O.I.C.E.S. Napa.*