



## LHNC MEETING NOTES: November 12, 2019

Live Healthy Napa County (LHNC) seeks to promote and protect the health and wellbeing of every member of the community by bringing together diverse partners to:

- Develop a shared vision of a healthier Napa County with a focus on health equity and social determinants of health.
  - Create an action agenda to realize that vision
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At LHNC's August convening, participants engaged in an Open Space Technology (OST) activity to identify which groups or topics they would like to focus on. The identified groups are listed below.

Outcomes from the group discussions, as well as notes from the meeting can be found here:

[http://www.livehealthynapacounty.org/uploads/5/1/4/4/51449431/lhnc\\_8-20-19\\_meeting\\_notes.pdf](http://www.livehealthynapacounty.org/uploads/5/1/4/4/51449431/lhnc_8-20-19_meeting_notes.pdf)

OST Groups:

- **Residents with physical disabilities**
- **Immigrant Community**
- **LGBTQ residents and families**
- **Mental Health issues/Homelessness and Mental Health**
- **Historical miseducation**
- **Youth**
- **Older Adults/Caregivers**
- **New Parents/Pregnant Moms**

In November, participants in each OST group were given notes from community learning conversations with feedback that was pertinent to their OST group topic. Participants were asked to review both their group's notes from August's meeting and the learning conversation feedback to generate potential action items for the Community Health Action plan based on these three questions:

- What similar themes, ideas or assets emerge?
  - What resources, skills, or time can you bring to this issue?
  - Who else needs to be at this table?
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As we close the process of creating our Community Health Improvement Plan, we require community partners to review and improve its content. LHNC participants decided to ask a small, ad hoc committee of LHNC members to take on this task. Their progress will be shared at the next LHNC meeting.

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Ron Dwyer-Voss of Pacific Community Solutions led LHNC participants through an Asset Based Community Development exercise called the "Resident Power Ladder". This activity asked participants to name programs from our organizations and place them along the power ladder. First, we placed the programs where they currently exist, based on our resident's level of engagement. Then, we placed the programs where we thought they should exist. This activity served as a reminder that when we place residents in positions of power within our various agencies, we often see a decreased need for programs

that only engage residents as recipients. As we create systems that place residents in positions that control goal setting, planning and implementation, we empower our community to identify and enact their own solutions. Strategies for moving residents up the power ladder include:

1. CHAMPIONS FOR CHANGE- staff can work to shift power and resources towards residents
  2. SMALL GRANTS- activate people through small amounts of funding to groups of residents
  3. SELF INVENTORIES- what does our agency have to offer to strengthen local residents? (outside our service mission).
  4. SUPPORT/HOST/CONVENE/FACILITATE ASSET MAPPING- discover and connect what assets we have in our community to address issues.
  5. CONVENE INSTITUTIONS- organize institutions to support residents' action
  6. AUTHORIZE RESIDENTS TO ACT- agencies can use expertise and clout to encourage residents' actions.
  7. SUPPORT RESIDENT ORGANIZING- invest in and support the development of resident groups and resident-centered community partnerships.
  8. ECONOMIC POWER—buy, hire, train in ways that strengthen the local economy.
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Next steps for LHNC partners:

- We will reach out to LHNC partners who volunteered to review the CHIP
- We will support any efforts identified by OST groups that align with the CHIP. Notes from each table will be sent to group members, and we will work to identify next steps.
- Please send dates and info for any meetings, outreach events, etc. to Erin so we can populate our LHNC calendar
- **SAVE THE DATE! Our next LHNC meeting is Tuesday, February 4 from 1:30-4:30 pm.** As we get closer to the date, LHNC partners will receive a meeting agenda and a link to RSVP via Eventbrite.
- CONTACT INFORMATION:
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