

Live Healthy Napa County meeting notes: February 11, 2019

Live Healthy Napa County (LHNC) seeks to promote and protect the health and wellbeing of every member of the community by bringing together diverse partners to:

- Develop a shared vision of a healthier Napa County with a focus on health equity and social determinants of health.
- Create an action agenda to realize that vision

The following issues were identified as areas or domains with the greatest opportunity for improvement in both the LHNC Community Health Assessment process and the community engagement process conducted as part of Napa County’s Strategic Plan.

- Respect and social inclusion
- Food Insecurity
- Housing
- Transportation

Coalition members were asked to prioritize which areas to focus on first based on the following questions:

- How many people are impacted?
- Are some groups of people impacted more than others?
- What is the volume of work happening already (e.g. are other groups already focused in a particular area?)?
- Do local organizations have capacity and resource availability to address the health factor?

After identifying RESPECT AND SOCIAL INCLUSION as the most urgent priority, coalition members were asked to identify the groups in Napa County experiencing the most challenges related to this issue. Each group shared out their top three most critical groups, and then coalition members collectively voted for the top three overall. **Of note is the group consensus that Respect and Social Inclusion is also a lens through which the coalition can analyze the three remaining areas of interest.**

Groups identified in large group shareout:

| GROUP | VOTE COUNT | PRIORITY |
|---|------------|----------|
| Mixed status immigrant households | 19 | 1 |
| People living in poverty | 18 | 2 |
| LGBTQ community (focus on Latinx and elders) | 15 | 3 |
| People with physical and mental health disabilities | 14 | 4 |
| Non or Limited /English proficiency individual | 8 | |
| Teens and Youth | 6 | |
| Immigrants | 5 | |
| Older Adults | 5 | |
| Migrant Farm Workers | 4 | |
| Working Poor | 4 | |
| Homeless | 3 | |
| Undocumented Immigrants | 2 | |
| Adults transitioning out of services | 1 | |
| Minorities | 1 | |
| Single Parents | 0 | |

| | |
|--|---|
| <p>AREA: RESPECT AND SOCIAL INCLUSION</p> | <p>TOTAL VOTES: 34</p> |
| <p>How many people are impacted by this issue?</p> <ul style="list-style-type: none"> Any resident, employee, or visitor | <p>Are some groups impacted more than others?</p> <ul style="list-style-type: none"> Seniors living in isolation (1/4 of population are older adults) People of color Youth of color LGBTQ communities Young and/or single families People with no transportation People below median income People with high ACE score Immigrants Limited English Proficiency individuals People who are geographically isolated People who are a minority in less diverse areas People living with disabilities and/or mental health issues People experiences homelessness and/or food insecurity |
| <p>Volume of work happening already?</p> <ul style="list-style-type: none"> LGBTQ Connections (work spans across youth, older adults, LEP, etc.) Citizenship/Legal Services Resilient Napa Foundational work is happening in schools, but is siloed Focus is on direct service, with no large scale system support | <p>Local capacity and resources?</p> <ul style="list-style-type: none"> No large overarching plan Limited resources are allocated specifically to this area (esp. when compared to housing or food) |

| | |
|--|--|
| <p>AREA: FOOD INSECURITY</p> | <p>TOTAL VOTES: 13</p> |
| <p>How many people are impacted by this issue?</p> <ul style="list-style-type: none"> 50%-80% of school population are accessing free or reduced lunch 19% of families with children are food insecure (we know this number is underreported due to stigma and/ or government distrust) | <p>Are some groups impacted more than others?</p> <ul style="list-style-type: none"> Rent-challenged Older adults Young adults (ages 14-24) are often not prioritized Students during school breaks Middle/low income Immigrants/undocumented communities People without transportation People experiencing homelessness College students Single income families People living with disabilities People who work during food distribution hours |

| | |
|---|--|
| <p>Volume of work happening already?</p> <ul style="list-style-type: none"> • Community gardens/gardens at schools • Food Bank • Food Council • School districts have distribution sites at schools that are well accessed • Safety net food committee • Local grocers hold seasonal donation drives | <p>Local capacity and resources?</p> <ul style="list-style-type: none"> • Napa Valley CanDo • Waste Not NV • Faith based organizations • Some barriers include: <ul style="list-style-type: none"> -distribution/storage issues with surplus of food -recipients lack food prep abilities -food is not culturally appropriate for recipients -lack of education of access sites for recipients -lack of education of donators about what foods are needed -changing threshold requirements disqualify families in need |
|---|--|

| | |
|--|---|
| <p>AREA: HOUSING</p> | <p>TOTAL VOTES: 9</p> |
| <p>How many people are impacted by this issue?</p> <ul style="list-style-type: none"> • All populations <ul style="list-style-type: none"> -people who live here and the workforce, who is often unable to live where they work due to high rent. Even if you aren't impacted now, you will be in the future | <p>Are some groups impacted more than others?</p> <ul style="list-style-type: none"> • Middle class and Low income families • Renters • Younger generations seeking home ownership • Families with children • Single parents • People experiencing homelessness • Undocumented individuals • People in recovery, with mental health issues, criminal records, or low credit scores • People on a fixed income • People displaced by natural disaster • People with pets • Transitional Age Youth • Medically fragile older adults • Individuals living with disabilities • Multiple families living in one residence • 1st time home buyers (competing with vacation home buyers) |
| <p>Volume of work happening already?</p> <ul style="list-style-type: none"> • Continuum of Care (NEWS) • Housing Coalition • Gasser Foundation • NV community Foundation • Gov. Newsom • Calistoga Affordable Housing • RISE together • COAD and Long Term Recovery | <p>Local capacity and resources?</p> <ul style="list-style-type: none"> • Homeless Management Information System database • Local planning departments • Participants feel that Napa County has higher barriers and inequities involved with creating affordable housing than other counties |

| | |
|---|--|
| <p>AREA: TRANSPORTATION</p> | <p>TOTAL VOTES: 12</p> |
| <p>How many people are impacted by this issue?</p> <ul style="list-style-type: none"> • Everyone who lives or works in Napa County | <p>Are some groups impacted more than others?</p> <ul style="list-style-type: none"> • Commuting workforce • People without cars • People who live outside the city • Children whose parents have long commutes • Low income individuals • Older adults • People with medical needs • Individuals with disabilities • Hospitality industry (people who can't work from home) • HHSA clients/consumers using public transportation • Veterans and other patients who need medical care outside of Napa • People who don't feel safe accessing public transportation systems • People who don't have time to wait for bus schedule • Individuals with significant mental health issues • Solo commuters (increase in traffic and loss of sense of community) |
| <p>Volume of work happening already?</p> <ul style="list-style-type: none"> • Critical road improvement projects received \$50 million in funding over the next five years • County strategic plan • Bike Coalition/Vine Trail • Elected officials participating in Regional State Committees • National efforts to normalize public transportation | <p>Local capacity and resources?</p> <ul style="list-style-type: none"> • Molly's Angels • UpValley "Lyft program" • NVTA • CA Forward • Wine train (speed restrictions in city) • River • Some barriers include lack of awareness of the accessibility of services and the stigma associated with taking public transit (not an option usually considered by medium to high income families or tourists) |