



LIVE HEALTHY NAPA COUNTY

COMMUNITY HEALTH IMPROVEMENT PLAN

Live Healthy Napa County seeks to promote and protect the health and wellbeing of every member of the community. LHNC is a public-private partnership bringing together, among others, representatives from health, healthcare, business, public safety, education, government, nonprofits, and the general public to develop a shared understanding and vision of a healthier Napa County, with an action agenda to realize that vision.

Following the completion of the Comprehensive Community Health Assessment in April 2013, more than 150 LHNC community partners engaged in the Community Health Improvement Plan (CHIP) process and identified four **priority areas**:

- Improve **Wellness and Healthy Lifestyles**
- Address the **Social Determinants of Health** (SDoH)
- Create and Strengthen **Sustainable Partnerships** for Collective Impact
- Ensure **Access** to High Quality Health Services and Social Supports across the Life Course

With these priority areas serving as the foundation, LHNC and its partners developed goals, objectives, strategies, and activities for each priority. These components provide a "to do" list for all of us to join together to improve community health for all residents of our county.

Live Healthy Napa County
2344 Old Sonoma Road, Building G
Napa, CA 94559
p: (707) 299-2155 | f: (707) 253-4880
e: LHNC@countyofnapa.org
www.countyofnapa.org/lhnc
www.livehealthynapacounty.org



ACHIEVING OUR VISION

In Napa County, community members will take responsibility for improving and sustaining health through shared leadership, strategic planning, meaningful community engagement, and coordinated action.

PRIORITY AREAS



WELLNESS AND HEALTHY LIFESTYLES

STRATEGIES

- Provide opportunities, support, and education for managing weight, healthy nutrition, and physical activity
- Build capacity for people to be more physically active
- Create tobacco-free environments, prevent initiation of tobacco use, and promote cessation programs
- Enhance resources to increase breastfeeding rates
- Ensure home visitation services for high-risk people and families
- Maintain programs to prevent alcohol and other drug abuse for teens
- Expand coordination and outreach for mental health and suicide prevention services focused on prevention, early identification, and intervention



SOCIAL DETERMINANTS OF HEALTH

- Increase awareness of the SDoH and how they affect health outcomes
- Build community-centered wellness-support networks in under-resourced areas
- Improve the built environment to encourage walkable and bikeable communities
- Partner with the community to promote and support the Charter for Compassion
- Provide parent classes that will support them in becoming more effective parents and leaders at school and in the community
- Provide educational programs targeted at vulnerable populations, including literacy and financial stability



SUSTAINABLE PARTNERSHIPS

- Develop initiatives to strengthen the collection, quality, and availability of data on under-represented populations
- Coordinate strategic initiatives that span the entire community
- Build sustainable funding capacity through collaboration



HIGH QUALITY ACCESS

- Improve access to dental services for low-income children ages 0-21
- Conduct research initiatives for potential service quality improvement
- Increase advanced care planning
- Increase access to affordable health care
- Reduce barriers and increase access to services through improved health care provider collaboration and integration
- Increase access to and ensure coordinated delivery of community-based mental health and social services

THEMES

EQUITY, COLLABORATION, PREVENTION

NEXT STEPS

Napa County will begin to implement this Community Health Improvement Plan (CHIP) in early 2014, through the use of the Napa County Community Health Action Plan. This plan outlines LHNC's specific strategies associated with each of our four priority areas, measurable activities, lead and partner agencies responsible for each activity, and deadlines for activity completion.

CALL TO ACTION

We encourage you, residents and community organizations, to participate in this important effort by joining the **CHIP implementation activities, attending our collaborative meetings, developing recommendations, implementing programs, evaluating our efforts, or using the CHIP to guide your own work to improve community health in Napa County.** If you, or your organization, would like to get involved in the Napa CHIP, please contact Live Health Napa County for more information.