Healthy Aging Population Initiative
Napa County Older Adults
Policy Summit
September 25, 2015
Thank You to Our Sponsors and Funders for the Survey and Summit
Healthy Aging Initiative (HAPI)

- Network of 30 plus agencies throughout Valley
- HAPI partners share a vision that older adults living in Napa Valley will have a high quality of life that allows them to remain healthy, safe, secure and independent for as long as possible. We are focused on creating aging-friendly communities that benefit all.
- We assess and identify priorities for older adults in Napa Valley
- We build population-based, community-appropriate and feasible plans to address identified priorities of seniors
- We form partnerships and develop programs throughout the county working to improve, develop and implement coordinated, integrated, and cost effective responses to needs
- We advocate for and support community, institutional and governmental responses and policies that are appropriate to the specific needs of older adults
HAPI Accomplishments

- Implemented Older Adult Survey in 2005 and developed a strategic action plan to address needs:
  - Medications: Instigated Pharmacy Assistance Program Oral Health: Advocated for increased access to oral health services for older adults now provided through Sister Ann’s
  - Fall Prevention: Supported development and implementation of StopFalls Napa Valley
  - Transportation: Implemented a volunteer driver voucher program to expand access to accessible transportation to older adults unable to drive. Developed policy agenda and advocated for senior friendly transportation services including ambassador program, shuttles, and shopping routes now being put in place
HAPI Accomplishments

- Mental Health: Secured 3 year funding from MSA for Family Service counseling for low income and Latino elders. Supported FSNV in applying for Medi-Medi coverage. Advocated for older adults in Mental Health Services Act funding. Implemented Healthy Minds, Health Aging Program.

- Workforce Development: Incubated Napa Institute on Aging professional education and caregiver training programs continued at NVHADS through Healthy Minds, Healthy Aging funding.

- Information and Assistance: Working to expand access to resources and services for older adults throughout the valley.

- $2.5M in funding for older adults programs acquired over past 9 years and increased capacity among providers
Purpose of the Summit

- Review and discuss the findings from the 2015 Older Adult Survey

- Set the stage for refining, developing and implementing a collective action plan to prepare for the future of aging in the Valley, address needs and gaps and improve the quality of life of older adults in Napa Valley.
Demographics
Older adults in Napa County
Napa County Growing Older

- Total population of Napa County is 136,484

- Approximately 15% of the county’s population is over 65 years of age (approximately 20,400) compared to 12.5% of the CA population

- Napa County’s median age was 39.7, in 2010; 4 years higher than the California state median and the third highest in the Bay Area

- The median age among Napa’s cities ranged from 64 in Yountville (site of the Veteran’s Home) to 35.5 in American Canyon

US Census, 2010; AAOA, 2012
Napa Growing Older

U.S. Census Data

- 60+ population grew from 25% to 28% (about 4,900 more residents) between 2000 and 2010
- Population of those 65+ will grow to 27,500 by 2020
- Population of residents 75+ will be 12,151 by 2020

Current Age Breakdown

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>60 and over</td>
<td>29,014</td>
<td>21%</td>
</tr>
<tr>
<td>65 and over</td>
<td>20,594</td>
<td>15%</td>
</tr>
<tr>
<td>75 and over</td>
<td>10,072</td>
<td>7%</td>
</tr>
<tr>
<td>85 plus</td>
<td>3,400</td>
<td>4.9%</td>
</tr>
</tbody>
</table>

29.5% of households have one or more members 65 or older
Percent of 55+ by Age Group

- 55-60 years old: 10,522 (27%)
- 60-65: 6,576 (17%)
- 65-75: 9,423 (25%)
- 75-85: 3,496 (9%)
- 85+: 6,576 (17%)

N = 38,437

U.S. Census Bureau, 2010
Over 50% of county’s 65+ residents concentrated in the City of Napa; 10% in American Canyon and 40% UpValley. Veterans’ Home in Yountville accounts for many older residents there.
Napa County Older Adults by Ethnicity

- White: 83%
- Hispanic: 10%
- Asian: 5%
- African American: 2%
Income Among Older Adults in Napa County

- 11% of those 65+ live alone (5,430 est.)
- 6% of older adults live below the Federal Poverty Level ($11,700)
- More than 4,000 older adults with incomes below 150% of the federal poverty level could not rent a one bedroom apartment
- 693 households headed by people 65+ live on less than $10,000/year
- 1,140 households live on incomes between $10,000 – 14,999/year
- 1,070 live on incomes between $15,000-$19,999/year
- 657 live on incomes between $20,000 -24,999/year

Source: American Community Survey, 2010 Census estimates
Cost of Living Dwarfs Poverty Measures

Measuring Economic Security Instead of Poverty
Poverty Measures Fall Far Short of Needs for Napa Seniors

Napa County
Elder Index 2011
(single renter): $24,652

Median California Supplemental Poverty Measure 2011 (single renter): $14,268

Federal Poverty Guidelines 2011: $10,890

Elder Index Data Source: UCLA Center for Health Policy Research.
The Supplemental Poverty Measure (SPM) is the weighted median threshold for single elderly renters in California.
SPM Data Source: Stanford Center on Poverty and Inequality and Public Policy Institute of California, based on US Census' methodology.
Cost of Living in Napa

### Elder Index: Basic Expenses

**Single Renter Living Alone | Napa**

The California Elder Index is a county-specific measure of the minimum income necessary to cover all of a senior’s basic needs.

<table>
<thead>
<tr>
<th>Expense</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent (one bedroom apt.)</td>
<td>$1,044</td>
</tr>
<tr>
<td>Food</td>
<td>$253</td>
</tr>
<tr>
<td>Healthcare</td>
<td>$263</td>
</tr>
<tr>
<td>Transportation</td>
<td>$239</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>$255</td>
</tr>
</tbody>
</table>

**Monthly Total**  
$2,054

**Annual Total**  
$24,652*

*Annual total may not equal the sum of monthly totals due to rounding.

More than half of all non-Latino White elders have incomes below the Elder Standard in Napa

Insight Center for Economic Development:  
## Housing Data

<table>
<thead>
<tr>
<th></th>
<th># of Section 8 Vouchers</th>
<th># of program participants living in Section 8 households</th>
<th># of people on waiting list (Note: wait list is currently closed)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date the data was compiled</td>
<td>Aug. 2012</td>
<td>Aug. 2013</td>
<td>Oct. 2014</td>
</tr>
<tr>
<td>Seniors age 62+</td>
<td>470</td>
<td>503</td>
<td>680</td>
</tr>
<tr>
<td>Seniors w/ disabilities</td>
<td>290</td>
<td>300</td>
<td>335</td>
</tr>
<tr>
<td>Persons w/ disabilities 18+</td>
<td>776</td>
<td>850</td>
<td>2,514</td>
</tr>
<tr>
<td>Baby Boomers (age 45-64)</td>
<td>538</td>
<td>603</td>
<td>1,897</td>
</tr>
<tr>
<td>Baby Boomers w/ disabilities</td>
<td>382</td>
<td>397</td>
<td>1,030</td>
</tr>
<tr>
<td>Total all ages</td>
<td>1,276</td>
<td>2,532</td>
<td>8,598</td>
</tr>
</tbody>
</table>
Disabilities Among Older Adults

- 36% of older adults have one or more disabilities

- Based on estimates about 2,700 residents 65-84 and 1,600 residents 85+ could be expected to have Alzheimer’s for a total of 4,300

American Community Survey, 2014; Alzheimer’s Association
Disabilities by Age Group

Disabilities 65+

- Hearing: 22%
- Vision: 18%
- Cognitive: 12%
- Ambulatory: 8%
- Self-care: 11%
- Living Independently: 29%

AAOA, 2012
Napa Older Adult Survey
2015
Healthy Aging Population Initiative
Survey Population
Respondents to Countywide Survey
Respondents Shown by Ethnicity
(Total N=1052)

- White/Not Hispanic: N=848 (81%)
- Asian: N=12 (1%)
- African American: N=4 (0%)
- Hispanic: N=107 (10%)
- Multiracial: N=5 (1%)
- Native American: N=7 (1%)
- Native Hawaiian: N=1 (0%)
- Other: N=23 (2%)
- Blank: N=45 (4%)
Respondents Shown by Age Category
(total N = 1052)

- Under 60
  N=66
  6%

- 60 - 64
  N=119
  11%

- 65 - 74
  N=396
  38%

- 75 - 84
  N=283
  27%

- 85 and older
  N=140
  13%

- Blank
  N=48
  5%
Respondents Shown by Location
(total N=1052)

- Napa: 492 (47%)
- Calistoga: 238 (23%)
- St Helena: 193 (18%)
- American Canyon: 33 (3%)
- Angwin: 18 (2%)
- Yountville: 26 (2%)
- Blank: 46 (4%)
- Deer Park: 6 (1%)

N = 1052
Respondent Income Status

Income Reported Matched to Federal Poverty Guidelines
(Married and Single Incomes grouped together)
(Total N=806)

- Above 400%
  - 243
  - 30%

- Below 400%
  - 115
  - 14%

- Below 200%
  - 236
  - 29%

- Below 100%
  - 88
  - 11%
## Financial Challenges for Respondents

<table>
<thead>
<tr>
<th>Living in Poverty* Had Trouble</th>
<th>Living Below 200% FPL* Had Trouble</th>
</tr>
</thead>
<tbody>
<tr>
<td>42% paying for housing</td>
<td>30% paying for housing</td>
</tr>
<tr>
<td>40% paying for utilities</td>
<td>22% paying for utilities</td>
</tr>
<tr>
<td>56% paying for dental care</td>
<td>49% paying for dental care</td>
</tr>
<tr>
<td>33% paying for medications</td>
<td>31% paying for medications</td>
</tr>
<tr>
<td>40% paying for glasses</td>
<td>35% paying for glasses</td>
</tr>
<tr>
<td>37.5% paying for home repairs</td>
<td>30% paying for home repairs</td>
</tr>
<tr>
<td>49% paying for social events</td>
<td>36% paying social events or caring for a pet</td>
</tr>
</tbody>
</table>

(*at or below $11,774 annually for 1 person) *( Federal Poverty Level, e.g. up to $23,500 annually for 1 person)
Lack of Financial Resources for Basic Living Needs

<table>
<thead>
<tr>
<th>Below 100% FPL</th>
<th>100% - 199% FPL</th>
</tr>
</thead>
<tbody>
<tr>
<td>■ 48% skipped meals</td>
<td>■ 32% skipped meals</td>
</tr>
<tr>
<td>■ 18% skipped medications</td>
<td>■ 16% skipped medications</td>
</tr>
<tr>
<td>■ 28% skipped medical treatments</td>
<td>■ 17% Skipped medical treatments</td>
</tr>
</tbody>
</table>

Below 100% FPL:
- 48% skipped meals
- 18% skipped medications
- 28% skipped medical treatments

100% - 199% FPL:
- 32% skipped meals
- 16% skipped medications
- 17% Skipped medical treatments
Where they live...

**Own or Rent**
- Nearly 53% own their homes
- 27% rent
- 13.4% rent mobile home space

**Type of Dwelling**
- 46% live in a house, condominium or townhouse
- 9.5% live in an apartment or boarding house
- 28.4% live in a mobile home
- 1% live in an assisted living situation (Board & Care, Veterans Home, Assisted Living)
- 9.5% live in independent senior living residence
Connections to Others

- 42% are married or living with a partner
- 8% live with children
- 42% live alone
- 77% have children; 53% have children within 50 miles
- 35% see friends or family daily; 43% see friends weekly; 10% monthly or 10% seldom
- 75% participated in social activities in the past week
- 39% volunteered in the past month
Quality of Life in Napa Valley
Life In Napa Valley Communities

- 82% said Napa is a good place to live; 14% said somewhat and 1% said it’s not

- 89% are satisfied with their neighborhood; 6% are not

- 13.5% feel that they have a lot of influence in their neighborhood; 47% feel they have some influence.

- 79% believe their neighbors are trustworthy and helpful.

- 90% feel safe alone in their neighborhood

- 74% have lived in the Valley more than 10 years (40.5% more than 30 years)
Someone to Call or Help

- 50% report often doing or receiving favors from neighbors; 42% report not often doing or receiving favors.
- 68% report they have someone to turn to if they have a problem.
- 13% do not have someone they could turn to and 15% don’t know if they do.
- 85% have someone to call in an emergency.
- 78% have someone who could help if they were sick a short time.
- 63.5% have friends or relatives that can help if they are sick for a long time; 18% do not and 15% don’t know if they do.
Caring for Others

- 18% care for a relative or friend
- 72% of those are caring for a relative, spouse or partner
- 14% are caring for a friend
- 27% are caring for a grandchild or child

- 17.4% of those 65-74 care for others
- 15.5% of those 75-84 care for others
- 14% of those 85 and older are caring for others

- 52% often have help
- 24% occasionally have help
- 25% never have help
Help for Caregiving

- 80% know where to find help with caregiving
- 58% would use respite services
- 18% have used professional caregiving services
- 60% are aware that paid caregivers must have a permit
Mobility: Transportation

- 85.5% agree that public transportation is available
- Only 8% use it often
- 24% seldom use it
- 60% never use it
Transportation Mode Most Often Used

- 69% drive themselves
- 9.5% with friends or family
- 4% most often walk
- 5% most often take public transit
- 1% use taxis
- 2% use paratransit
- 1.3% use volunteer transit

Adjusted for age

- 73% of those 75-84 drive themselves
- 48% of those 85 and older drive themselves
## Serious Problems of Living Independently

### All Respondents
- Affordable housing (15%)
- Having enough money (14%)
- Walking (9%)
- Crime (9%)
- Cultural/language (7%)
- Caregiving (7%)

### Respondents Below 200% FPL
- Having Enough Money (27%)
- Affordable Housing (22%)
- Crime (15%)
- Employment (15%)
- Walking (13.5%)
- Affording Medications (13%)
- Language barriers (12%)
- Receiving benefits (13%)
- Not enough food (12%)
- Paying for utilities (12%)
- Loneliness (11%)
- Legal Affairs (11%)
Health & Wellness
Health Status

- 89% have a primary care doctor
- 20.5% said finding health care or a doctor was a minor or serious problem for them
- 11% saw their doctor 12 or more times
- 10.5% saw their doctor 7-11 times
- 28% saw their doctor 4-6 times
- 43.5% 1-3 times and 3% not at all
## Medical Visits This Year

<table>
<thead>
<tr>
<th>All Respondents</th>
<th>Respondents w/o Primary Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>26% went to the ER 1-2 times</td>
<td>33% went to the ER 1-2 times</td>
</tr>
<tr>
<td>5% went 3 or more times</td>
<td>4.5% went more than 3 times</td>
</tr>
<tr>
<td>25% were hospitalized</td>
<td>13.5% were hospitalized</td>
</tr>
<tr>
<td>18% 1-2 times; 2.5% more than 3 times</td>
<td></td>
</tr>
</tbody>
</table>
Self-rated Health Shown for:
All Respondents (N=1052)
Respondents below 200% FPG (N=324)
## Had Regular Check-Ups

<table>
<thead>
<tr>
<th>Test</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blood Pressure</td>
<td>84%</td>
</tr>
<tr>
<td>Flu Shot</td>
<td>74%</td>
</tr>
<tr>
<td>Physical Examination</td>
<td>70%</td>
</tr>
<tr>
<td>Dental Examination</td>
<td>67%</td>
</tr>
<tr>
<td>Vision Examination</td>
<td>61%</td>
</tr>
<tr>
<td>Mammograms (women)</td>
<td>53%</td>
</tr>
<tr>
<td>Colon (past 5 years)</td>
<td>52%</td>
</tr>
<tr>
<td>Prostate (men)</td>
<td>42%</td>
</tr>
<tr>
<td>Hearing Test</td>
<td>22%</td>
</tr>
<tr>
<td>Memory Screening</td>
<td>8%</td>
</tr>
<tr>
<td>Falls Risk Screening</td>
<td>8%</td>
</tr>
</tbody>
</table>
### Chronic Conditions

<table>
<thead>
<tr>
<th>Chronic Condition</th>
<th>All</th>
<th>Under 200% FPL*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer</td>
<td>40.4%</td>
<td>47.5%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>18%</td>
<td>25%</td>
</tr>
<tr>
<td>High blood pressure/Stroke</td>
<td>18%</td>
<td>25%</td>
</tr>
<tr>
<td>Heart Disease</td>
<td>15.5%</td>
<td>23.5%</td>
</tr>
<tr>
<td>Asthma</td>
<td>9.4%</td>
<td>9%</td>
</tr>
<tr>
<td>COPD/Emphysema</td>
<td>6.3%</td>
<td>12.7%</td>
</tr>
<tr>
<td>Alzheimer’s/Dementia</td>
<td>3%</td>
<td>7%</td>
</tr>
</tbody>
</table>

*FPL* stands for “Federal Poverty Level”. The figures for 2019 are as follows: $23,540 for one person and $31,860 for two people.
Physical Activity in the Past Week

<table>
<thead>
<tr>
<th>Walking or Exercising 20 Minutes or More During the Week</th>
<th>0 Times</th>
<th>1-3 Times</th>
<th>3-5 Times</th>
<th>Daily</th>
<th>Blank</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 Times</td>
<td>12.5%</td>
<td>26%</td>
<td>36%</td>
<td>21.5%</td>
<td>4%</td>
</tr>
<tr>
<td>1-3 Times</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3-5 Times</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Daily</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blank</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
Other Health Related Issues

- 20% have fallen in the past 6 months
- 19% use alcohol daily
- 9% said alcohol/substance use was a minor or serious (3%) problem for them
- 5% reported using tobacco
- 17% said having enough food was a minor or serious problem for them
- 64% have an Advanced Healthcare Directive
- 57.5% have shared the Directive with their doctor and their family
Mental & Emotional Health
Emotional Wellbeing and Safety

- 30% have needed help for depression
- 11% feel anxious most of the time and 11% limit activities due to anxiety
- 34% are worried about their memory
- 26% lack energy most of the time
- 12% have experienced or know someone that experienced danger from someone at home
- 3% currently don’t feel safe from harm; 4% don’t know
Greatest Worries & Concerns

- Illness (146)
- Death (106)
- Independence (101)
- Finances (93)
- Family Relationships (82)
- Loneliness (80)
- Cognitive Health (68)
- Depression (59)
- Caregiving (57)
- Anxiety (42)

- 57% often or sometimes need someone to talk to about worries or concerns; 38% never do

- 57% would seek help; 5% would not and 21% don’t know if they would
## Best Way to Receive Help

<table>
<thead>
<tr>
<th>Place</th>
<th>Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>36% prefer their home</td>
<td>39% prefer talking with a friend or family member</td>
</tr>
<tr>
<td>13% prefer the doctor’s office</td>
<td>23% prefer a therapist</td>
</tr>
<tr>
<td>7% prefer the senior center</td>
<td>8.6% prefer a support group</td>
</tr>
<tr>
<td>6% prefer their church</td>
<td>4% prefer a religious leader</td>
</tr>
<tr>
<td>16% prefer other sites</td>
<td>3% prefer a peer counselor</td>
</tr>
<tr>
<td></td>
<td>7% prefer other</td>
</tr>
</tbody>
</table>
Finding Services

- 50.5% turn to a friend/family member for information
- 35% Senior Center
- 31% Internet
  - 74% have access/57% of low income do
  - 69% know how to use
- 30% Doctor
- 27% Telephone Book
- 27% AAA Senior Guide
- 24% Newspaper
- 19.6% Church
- 17.6% Area Agency on Aging
- 15% Napa County Social Services
- 11% Family Resource Center
- 10% Radio/TV
Reason For Not Using Services

- 50% Don’t need them
- 14% Don’t know how to find them
- 13% Can’t afford them
- 8% Distance from home
- 4.5% Transportation
- 1.4% Language
Services Most Likely to Need in the Future

1. Senior Housing (210)
2. Assisted living (183)
3. Low cost dental care (177)
4. Home health aides (144)
5. End of life support (135)
6. Visiting nurse services (104)
7. Long term care facilities (100)
8. Transportation to services (95)
9. Vision/Glasses (93)
10. Help paying for medications (74)
11. Hearing aids (73)
12. Dementia/Alzheimer’s support (67)
13. Adult day care services (67)
14. Nursing homes (66)
15. Social services support (53)
16. Counseling or support for problems or worries, grief or loss, etc. (49)
17. Respite services for caregivers (46)
18. Mental health services (44)
19. Veteran’s Services (44)
20. Chore or homemaker services (40)
21. Help billing insurance (37)
Services Ranked by Critical Importance – All Respondents

1. Emergency Response
2. Transportation for Disabled
3. Hearing Aids
4. Senior Centers/Senior Group Activities
5. Grocers Nearby
6. Recreational Activities
7. Meals on Wheels
8. Transportation to services
9. Senior Housing
10. Social services Support
11. Assisted Living
12. Dementia/Alzheimer’s Support
Services Ranked by Low Availability
(N=1052)

1. Senior Housing
2. Assisted Living
3. Nursing Homes
4. Transportation to Activities
5. Long Term Care
6. Social Services Support

7. Transportation to Services
8. Recreational Activities
9. Cultural Activities
10. Disabled Housing
11. Transportation for Disabled
12. Educational Programs
Services Ranked by Critical Importance by 80% of Respondents

At or Below 200% of FPL/Below Self-Sufficiency

1. Meals on Wheels
2. Alzheimer’s/Dementia Support
3. Vision/Glasses
4. Grocers Nearby
5. Assisted Living
6. Senior Recreational Activities
7. Food Sources
8. Senior Centers/Group Activities
9. Transportation to Activities
10. Long Term Care
11. Elder Abuse and Neglect Services
12. Help Billing Insurance
Services Ranked as Lowest Availability
At or Below 200% FPL/Self-Sufficiency

1. Nursing Homes
2. Long Term Care
3. Education Programs
4. Senior Center/Group Activities
5. Disabled Housing
6. Transportation for Disabled
7. Hearing Aids
8. Vision/Glasses
9. Veterans’ Services
10. Chore/Homemaker Services
11. Low Cost Dental Care
12. Home Repair Services
Community Provider Survey Results

Online Survey 2015
Respondents' Organization Types (Total N=40)

- Community-based Nonprofit: 42.50%
- Public Agency: 15.00%
- Governmental /Political: 12.50%
- Healthcare Organization: 12.50%
- For-profit Senior Serving: 12.50%
- Volunteer: 2.50%
- Educational: 2.50%

*31 respondents report agency provides services countywide
Ability to Meet Demands for Services (N=24)

- Very well: 8
- Well: 12
- Somewhat: 4
- Not well: 0
- Not at all: 0
Ability to Grow Programs to Meet Demands
(N=24)

- Very well: 6
- Well: 9
- Somewhat: 9
- Not well: 0
- Not at all: 0
Funding Sustainability of Current Programs for Older Adults (N=24)
Top 5 Gaps in Services Countywide

1. Senior housing
2. Transportation to services
3. Low cost dental care
4. Financial management services
5. Mental Health services
<table>
<thead>
<tr>
<th>Service</th>
<th>Critical Importance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transportation to Services</td>
<td>35</td>
</tr>
<tr>
<td>Meals on Wheels</td>
<td>35</td>
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<td>Transport for Disabled</td>
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<td>Vision/Glasses</td>
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<td>Elder abuse and neglect services</td>
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<td>Senior housing</td>
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<tr>
<td>Food sources (food banks, etc)</td>
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<tr>
<td>Mental health services</td>
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<tr>
<td>Dementia and Alzheimer's support</td>
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<tr>
<td>Veteran's services</td>
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<td>Assisted living</td>
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<td>Hearing aids</td>
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<td>Durable medical equipment</td>
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<td>Long term care</td>
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<td>Disabled Housing</td>
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<tr>
<td>Service</td>
<td>Low Availability</td>
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<td>Skilled Nursing homes</td>
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<td>Vision/Glasses</td>
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<td>Help acquiring and understanding insurance</td>
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<td>Respite services for caregivers</td>
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<td>Counseling or support for problems, worries, grief, loss, etc.</td>
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<td>Disabled Housing</td>
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<td>Transportation to Services</td>
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<tr>
<td>Legal Assistance/Counseling</td>
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<td>Substance abuse services</td>
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<td>Personal Caregiving</td>
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</table>
City by City Gaps

- Senior housing showed as #1 gap in Napa, Calistoga, American Canyon, and Yountville and #2 in St. Helena

- Transportation to services showed as #1 gap in Angwin, St. Helena, Deer Park, Berryessa, Pope Valley and #2 in American Canyon
Most Significant Obstacles to Delivering Services to Seniors

- Consistent funding: 23
- Outreach and marketing (time, etc.): 13
- Bilingual Staff: 11
- Collaborative partners: 9
- Infrastructure (space, equipment, etc.): 7
- Access to timely information about: 7
- Committed Volunteers: 5
- Lack of Adequate Staff: 3
- Staff experienced working with older: 3
- Accessibility to seniors: 2

[Bar chart showing the number of responses for each obstacle]
Most Significant Barriers for Seniors to Access Services

- Knowing about your services: 26
- Stigma: 21
- Fear of loss of independence: 18
- Transportation to services: 18
- Language/cultural competence: 9
- Cost: 8
- Site accessibility: 1
- Hours of service: 1
- Location: 0