

**LIVE HEALTHY NAPA COUNTY
Leadership Collaborative (LLC) Meeting**

Date: 12 September 2016 Time: 1:30 – 3:00 p.m.

Location: HHSA South Campus: Building B, Pickleweed Conference Room (1st Floor)

Objective: Discuss & determine priorities for LHNC efforts/focus
Set meeting agenda for LHNC Partners meeting

Present	Absent	Present	Absent	Present	Absent
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Krystal Barker HHSA – Public Health	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Kristin (Kris) Brown HHSA – CSOA
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Bill Carter HHSA – Behavioral Health	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Heidi Merchen HHSA – Public Health
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Dana Codron QVMC	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Karen Relucio HHSA – Public Health
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Karen Collins HHSA – Assistant Director	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Joelle Gallagher Cope Family Center
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Alissa Gentile On The Move	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Jeri Gill SNC
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Jennifer Henn HHSA – Public Health	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Jennifer Palmer HHSA-Public Health
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Howard Himes HHSA – Director	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Tracy Lamb Napa NEWS
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Norma Lisenko Healthy Cooking w/Kids/NEOP	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Leanne Martinsen Napa/Solano Agency on Aging
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Laura Mooiman Napa Valley Unified School District	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Andy Mughannam UpValley Family Center
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Jenny Ocon UpValley Family Center	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Lynn Perez HHSA – Self Sufficiency
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Becky Peterson Napa Vintners	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Mike Randolph City of Napa
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Celine Regalia Collabria Care	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Anne Steinhauer Napa Valley Coalition of Non-Profits
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Jennifer Stewart Napa Valley Education Foundation	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Mayra Vega Adventist Health
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Rob Weiss Mentis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Franny Wong HCK/NEOP
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cara Mae Woledge HHSA – Public Health	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Elba Gonzalez Napa Community Health Initiative

Item	Item Discussion/Information
Introductions	<ul style="list-style-type: none"> • Overview of Today’s Agenda

Systems Change Work	<ul style="list-style-type: none"> • Framing: Why are we having this conversation? • Overview of Systems Change Work • Next Steps
On The Verge	<ul style="list-style-type: none"> • Presentation • Feedback • Discussion
Meeting Plus – Deltas	<ul style="list-style-type: none"> • Discussion
<u>ACTION ITEMS – Follow Up</u>	<ul style="list-style-type: none"> ✚ http://www.rwjf.org/en/library/articles-and-news/2015/10/coh-prize-bronx-ny.html ✚ Doodle poll to be sent out with dates and times when the group is available for the upcoming health needs assessment. End of 2016/2017
Next Meeting	<ul style="list-style-type: none"> • November 14, 2016 HHS South Campus Bldg A - Madrone

MEETING MINUTES

I. Overview of Agenda – Joelle Gallagher – (Information) 1:30 – 1:35pm

II. Systems Change Work (Information) (Discussion) 1:35 – 2:30pm

- **Framing: Why are we having this conversation?**
 - Over the last year, resources have been invested into the restructuring of Live Healthy Napa County, the interconnectedness of the component plans, and the emergence of a governing body. Each of the component plans are working on one area in the community, and setting the education and advocacy long term goals and plans as it relates to the Social Determinants of Health.
 - The role of the LLC is to strategize the best approach to setting the priority areas. By the Spring of 2017 we are approaching the health needs assessment. The component plans provide the LLC with the needed information to set priorities and projects ongoing and the health needs assessment will set the vision for the next step of Live Healthy Napa County.
 - The work we do today will lay the foundation for a longer meeting at the beginning of the year that will be akin to a strategic planning meeting. The goal is to create the next vision for Live Healthy Napa County, the overall outcomes desired, and our benchmarks to measure our progress.
- Overview of Systems Change Work
 - The framework thinking for our systems change efforts are structured in a way that makes it easy to understand, and easily applied in our own efforts and in our own community, for current and future projects.
 - Grant makers for effective organizations, a management assistant group, came together to create a resource guide for funders with the aid of Lisa Packard.
 - In order for health equity to be successful, we truly need a change in the system that we operate from, looking at the root causes for solutions that are in line with the overarching goals of the group.
 - We reviewed the terms and definitions of the language surrounding systems change.
 - Expanding or innovating** a service that alleviates the immediate needs around a particular problem through more and/or better service (e.g. rapid rehousing)
 - Coordinating** service delivery and/or policy advocacy efforts to achieve a systems-level outcome (e.g., close the income disparity in and increase housing stability for Napa County residents)
 - Redirecting resources and attention** from one part of the system to another (e.g. shift funding from homeless shelters to rapid rehousing programs);
 - Addressing the **root causes** of a problem (e.g., minimum wage and rent control policies)
 - Creating an **alternative system** (e.g., alternative education or local sustainable economies)

6. Building a **movement** with many diverse organizations and individuals using multiple strategies simultaneously to change systems at scale (e.g., reproductive justice).
- v. Local examples of the use of the terms relating to housing and homelessness are relevant. The coordinated use of funding through several funding sources would enable a shared priorities outcome; overall this would create the most impact for the greatest number of residents.
- vi. Our discussion surrounding the question ‘What does systems change mean to you as an individual, and how does it inform your work and the work of your organization?’
 1. **Sustainable Napa County** – initiative with LHNC, if we are building affordable housing near where people work, we are lessening the greenhouse gas emissions, reducing the commute time for individuals and families who currently are unable to live within the community. Subsequently, the increase in community involvement touches both Health Equity and environmental components; additionally the economical aspect enables individuals and families to reinvest into the community they engage with. The way that climate change, built environment, and public health all fit together, exploring the connections would potentially open up various funding structures that may have previously been overlooked.
 2. **Healthy Bodies Coalition** – In order to make systems change it begins with policy. The goal of the HBC is to have x number of companies in Napa County with wellness policies adopted, approved, and implemented throughout the Napa Valley. Through policy change, the system is changed. The workforce then will be able to build a healthier Napa County on that level, by having access to health related training, wellness and nutrition programs would enable a captive audience for the messages of health and wellness through policy and systems change.
 3. **Queen of the Valley Medical Center** – The systems changes that will be taking place coincide with the review of the hospital’s plan, though not viewed from the SDOH lens. The strategic planning co-occurring will be of great benefit towards systems change by creating a movement in that direction with other agencies/organizations. In looking at the root causes and SDoH, there is opportunity there to actualize the goal with the assistance from Live Healthy Napa County and the work of the individual component plans as the example and reasoning for making such instrumental changes for the betterment of our patients and the community.
 4. How do we know our direction, what is the focus point or ‘north star’ to our work, providing direction? What is the systems change that we are seeing at the level that we can evaluate and analyze the incoming information? Are the changes affecting the population health level. By focusing the efforts and creating the framework we can work together on a project with greater impact than each individual group alone.
 5. **NEWS** – Napa Emergency Women’s Services will be creating systems change by incorporating a new messaging that is more welcoming towards all members of the community, and not exclusive to women in the Napa valley. 10/14 grand opening
 6. **CSOA** – All age friendly population requires systems change at every level. Accessibility, walking, biking, traffic – the foundations to the infrastructure are a critical component to any population, including (not limited to) aging population. We are moving in the right direction with the City of American Canyon looking into the aforementioned components. Using the outcomes of AC we may be able to have a template that is viable for other parts of the county. We need to find ways to incorporate the generations of ages throughout our community in ways that may have been overlooked in the past. This exploration will enable a more fluid transition for all members of our community as we thrive and move forward.
- vii. **What is the role of LHNC in systems change around health equity?**
 1. **Older Adult** – In 5 years, the older adult population will have the community AARP designation and we will have an age friendly population in a county wide approach for the entire community. The support of our elected officials will support this outcome.
 2. **City perspective** – Traffic (Public Works) and Housing (Planning) Parks and rec (obesity) – The upcoming city planning touches on all aspects related to the component plans, with the focus on opportunities for change towards preventative care. Police, Fire, and EMS are reactive; we want to look towards a preventative model. We cannot keep doing the same thing in the same way. We have all the resources available. LHNC to assist in seeing health in all policies, be at the table, bring the community to the meetings.
 3. **Youth leadership** – how do we engage throughout the community?

4. Chronic disease population, permanent supportive housing provides service opportunity to alleviate burden from health care system by intervening upstream.

III. On The Verge (Information) (Discussion) 2:30 – 2:50pm

- Presentation
 - i. Currently 11 members working with coaches throughout the community.
 - ii. This On the Verge group centers around families and human resources to identify a community project that breaks apart silos across similar sectors to create an innovative approach to bring the community together.
 - iii. A donation by an on the verge member enables the group to create a 'community on the move' mobile trailer.
 - iv. The vision is to have a truly county wide mobile community center to better serve the underserved of the community.
 - v. The group sensed the priority areas for LHNC matched the overarching goals of On the Verge. For the consideration of the LLC, the group believes this will enhance the community by providing place based services. Project to be completed near February/March 2017 that would leave a legacy for the County as the project to facilitate contact with the community and seek out the needs of the community.
 - vi. Build community centered networks in under resourced areas of the community, collect information for the priority areas of Live Healthy Napa County.
 - vii. The trailer will be built over six build dates with multiple purposes in mind; leveraging the resources that are already available.
 - viii. Support for the volunteers in the community enables the On the Verge group to bring the trailer project to fruition. The vision for this caravan creation is to strengthen the community involvement in the family sector. One idea is to begin in American Canyon and travel up valley meeting with groups of people and bring people together. Having all the population areas available. By creating this mobile structure, the community café model the community can be made aware of services that can be brought to the people and the otv group can be made aware of what services the community members need. localized services
 - ix. LHNC LLC has consensus to partner with the Silver Stream 'caravan of love'
 - x. Health assessment culture of health aspect will potentially be enhanced by partnering with the silver stream project for the next community health assessment.

IV. Meeting Plus/Deltas - Joelle Gallagher - (Discussion) 2:50 – 3:00pm

i. Next Steps

1. Doodle poll to be sent out with dates and times when the group is available for the upcoming health needs assessment. End of 2016/2017
2. Jen Palmer to email link to video to group
 - a. <http://www.rwjf.org/en/library/articles-and-news/2015/10/coh-prize-bronx-ny.html>

ii. Plus/Deltas

1. Getting the individuals at the table, the right people for the desired outcomes
2. Visioning process to have individuals with a voice to Segway to bring new folks to the table
3. Timing of city general planning Rick Tooker to speak at October partners meeting
4. Health, housing, planning, gasser fees, needs to meet as a requirement of political will in county and local governments for actionable outcomes