Live Healthy Napa County

Vive Saludable Condado de Napa

Welcome!
¡Bienvenidos!

We would like to begin today by acknowledging that we gather as Live Healthy Napa County on the ancestral and unceded territory of the Patwin, Onosatis, Miwok and Pomo Peoples past and present, and honor with gratitude the land itself and the people who have stewarded it throughout the generations.

Queremos comenzar hoy reconociendo que nos reunimos como Vive Saludable Condado de Napa en el Territorio ancestral e incesante de los pueblos Patwin, Onosatis, Miwok y Pomo pasados y presentes, y honrar con gratitud a la tierra misma y a las personas que la han administrado a lo largo de las generaciones.

Live Healthy Napa County
Vive Saludable Condado de Napa

NAPA STRONG
ENOUGH TO STAND UP TO

Racism

Homophobia

Sexism

Xenophobia

Ableism

Transphobia

Ageism

NAPA STRONG
ESTÁ EN CONTRA DE

Racismo

Homofobia

Sexismo

Xenofobia

Discriminación por Discapacidad

Transfobia

Discriminación por Edad

Live Healthy Napa County

Vive Saludable Condado de Napa

Agenda

I. CHIP Update

II. Highlighted CHIP partner strategy: On the Move - LGBTQ School Support Program

III. Data Support Plan

IV. LHNC LGBTQ Resources

V. How might we increase feelings of Safety & Welcome for LGBTQ community members?

VI. Pride Month Events

VII. Gratitude & Next Steps

Live Healthy Napa County
Vive Saludable Condado de Napa

Hi Friends/Hola Amigos

Please introduce yourselves at your table groups / Por favor, preséntense en sus grupos de mesa

- Name / Nombre
- Organization / Organización
- Pick a table name please!

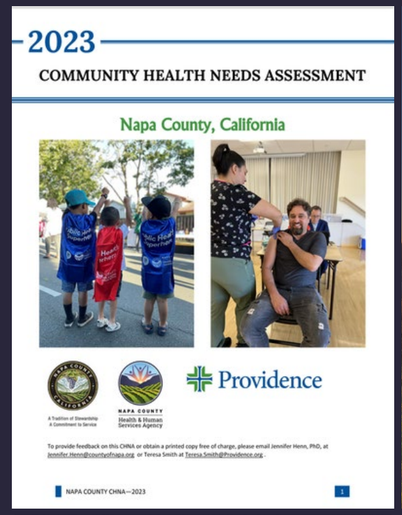
Live Healthy Napa County
Vive Saludable Condado de Napa

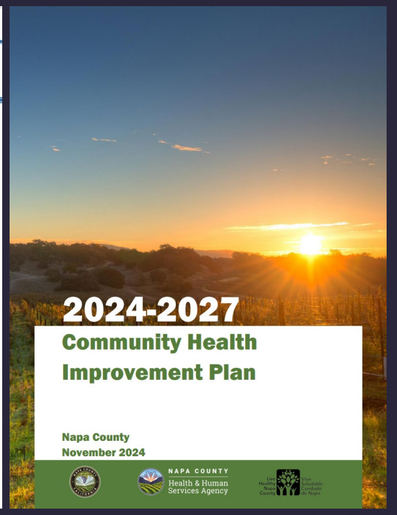
HHSA CHA/CHIP RECAP

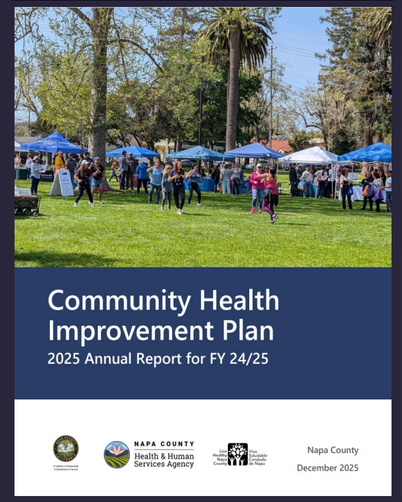
2023 Community Health Needs Assessment (CHA)

2024 Community Health Improvement Plan (CHIP) & HHSA Operational Strategy for Collective Impact

- **$10.8 M** in funding awarded to 36 community programs
- Over **42%** of the funding addresses NOAA related strategies
- 2025 CHIP Year 1 Report & CHIP Dashboard published
- Unprecedented alignment across multiple funding streams (MSA, MHSA, OSF), county agencies, and community non-profit partners maximizes our **collective impact and ability to advance health and wellbeing in Napa County.**

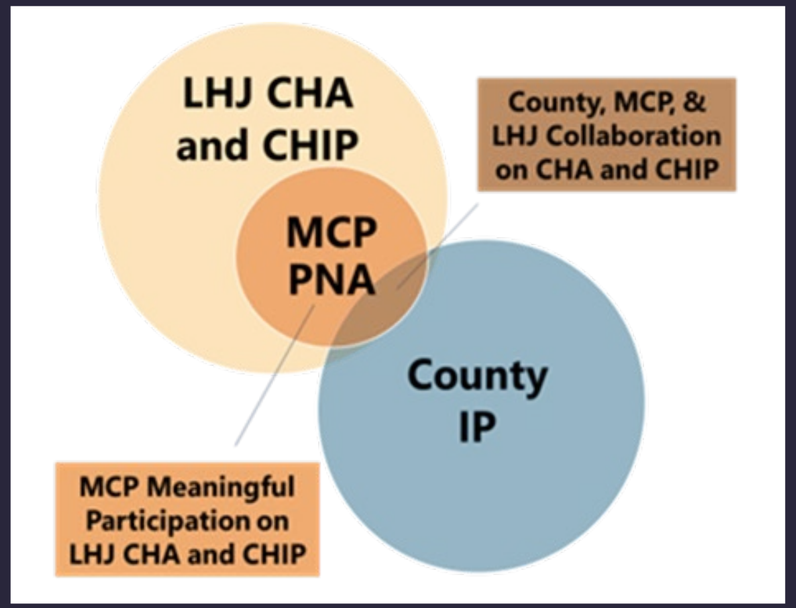






NAPA COUNTY
Health & Human Services Agency

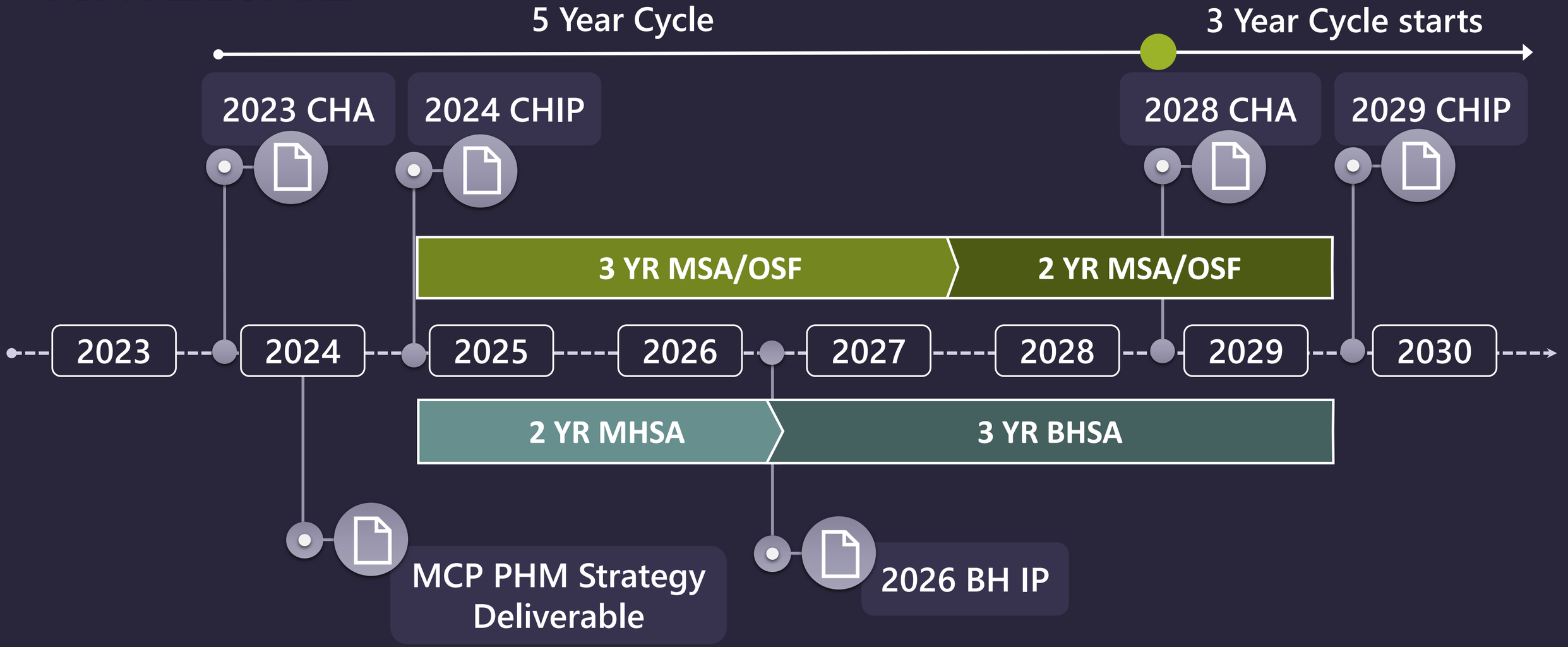
CHA/CHIP CYCLE ALIGNMENT/ TRANSITION



Source: County Integrated Plan

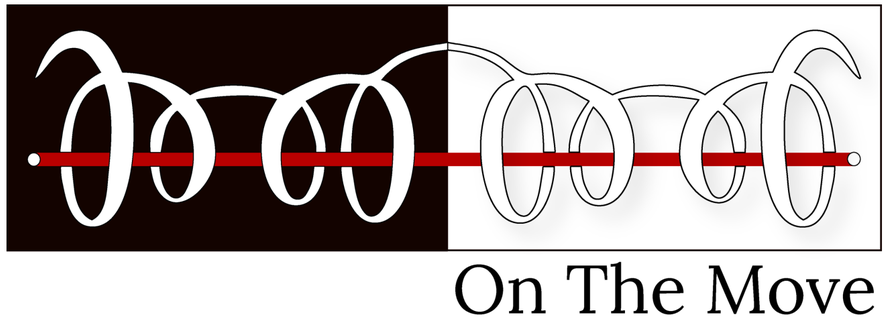
- PH CHA/CHIP cycle was previously optional ~every 5 years per PH Accreditation Board → moving to every 3 years starting in 2028 per DHCS CalAIM Initiative and CDPH mandate (2022 Budget Act)
- Managed Care Plans' (MCPs) Population Needs Assessment (PNA) now local planning activities → started in 2024 required MCPs to meaningfully participate in LHJ CHA/CHIP and report to DHCS annually via "Population Health Management (PHM) Strategy Deliverable"
- Mental Health Services Act → Behavioral Health Services Act's Integrated Plan (IP) required every 3 years with annual reporting
- Non-profit Hospitals CHNA/Community Benefits every 3 years per federal tax code
  - QVMC- 2023 and 2026
  - SHH- 2025 and 2028
  - KP VJO - 2025 and 2028

TIMELINE



NAPA COUNTY
Health & Human Services Agency

LGBTQ SCHOOL SUPPORT PROGRAM



Amber Twitchell
Associate Director, On the Move

Kylee Dalton
Program Coordinator, LGBTQ Connection

Live Healthy Napa County
Vive Saludable Condado de Napa

OASIS PROGRAMMING MODEL

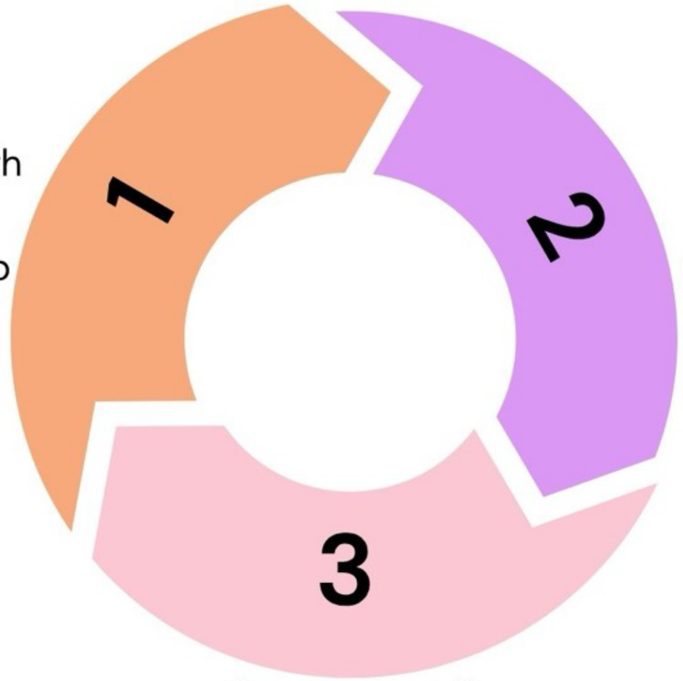
LGBTQ CONNECTION

A PROGRAM OF ON THE MOVE

MODEL COMPONENTS

Component 1

Connection to peers and appropriate resources through peer support groups and resource navigation meant to promote wellness



Component 2

Youth-led advocacy projects designed by Youth Leadership Teams (YLTs) that identify and prioritize needs and facilitate a community-led response

Component 3

Youth-informed workplace/provider trainings meant to increase the ability of community organizations, schools, health systems, faith communities, government and businesses to welcome and serve LGBTQ+ youth competently

COMPONENT 1

PEER SUPPORT & RESOURCE NAVIGATION

Peer Support Groups

1:1 Peer Support Sessions

Resource Navigation

- Mental & Behavioral Health Services
- Transition Education & Assistance
- LGBTQ+ Education

COMPONENT 2
YOUTH LEADERSHIP TEAMS (YLTS)

Sonoma County Schools

Casa Grande High School (Petaluma)

Kenilworth Junior High School (Petaluma)

Napa County Schools

American Canyon High School (American Canyon)

Calistoga Junior/Senior High School (Calistoga)

Vintage High School (Napa)

COMPONENT 3
WORKPLACE/PROVIDER TRAININGS

Best Practices Series

BP 1.0: Foundations

Topics Include: Minority Stress Model, Intersectionality, SSOGIE, Gender Affirming Care, Terminology and Pronouns, Language as a Tool of Oppression, LGBTQ+ Experiences

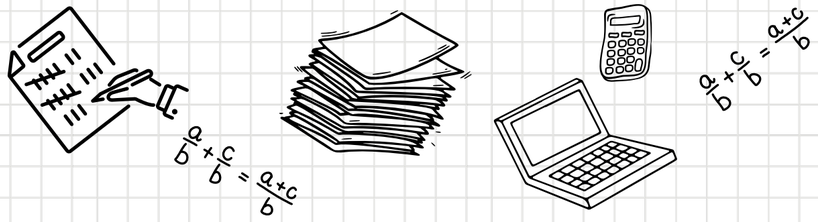
BP 2.0: Intersectionality & Equity

Topics Include: Equity, Intersectionality, Promoting Health Equity for LGBTQ+ People, Impact of Culturally Competent Services

Other Trainings

SSOGIE & Pronoun Advocacy

Assembly Bill 5 (2023): Safe & Supportive Schools Act



LHNC Data Support

- Thank you(!) to everyone who engaged with us via discussion or survey around your data use and needs.
- Our Epidemiologist team will host a workshop in July focused on Data Analysis and Data Reporting
- They will also host office hours by appointment. Please email LHNC@countyofnapa.org if you are interested!

Live Healthy Napa County
Vive Saludable Condado de Napa

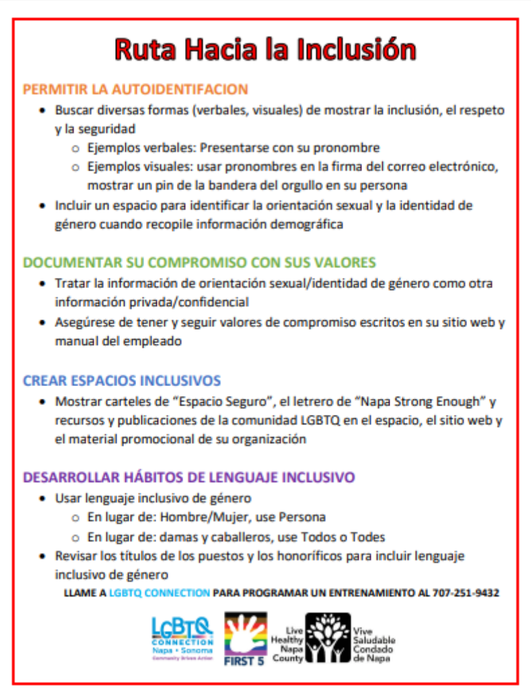
LHNC LGBTQ Resources

- Digital Safe Space Toolkits
- Opportunities for Inclusion: What We Heard from LGBTQIA+ Youth and Allies in Napa County
- Gender Neutral Spanish

Live Healthy Napa County
Vive Saludable Condado de Napa

DIGITAL SAFE SPACE TOOLKITS

Only 47% of LGBTQ youth in Napa County reported feeling safe in school (CHKS 2019). From 2019-2021, Live Healthy Napa County partners conducted listening sessions and learning conversations to gain insight into community members' sense of Respect and Social Inclusion (RSI). LGBTQ residents said they want a more open-minded, accepting, safe, and positive community that celebrates all. Many reported feeling "accepted but not included" in Napa. LHNC partners identified LGBTQ inclusion as a priority and created the Safe Space Kit project to foster and support welcoming spaces for LGBTQ-identifying community members.



Ruta Hacia la Inclusión

PERMITIR LA AUTOIDENTIFACION

- Buscar diversas formas (verbales, visuales) de mostrar la inclusión, el respeto y la seguridad
  - Ejemplos verbales: Presentarse con su pronombre
  - Ejemplos visuales: usar pronombres en la firma del correo electrónico, mostrar un pin de la bandera del orgullo en su persona
- Incluir un espacio para identificar la orientación sexual y la identidad de género cuando recopile información demográfica

DOCUMENTAR SU COMPROMISO CON SUS VALORES

- Tratar la información de orientación sexual/identidad de género como otra información privada/confidencial
- Asegúrese de tener y seguir valores de compromiso escritos en su sitio web y manual del empleado

CREAR ESPACIOS INCLUSIVOS

- Mostrar carteles de "Espacio Seguro", el letrero de "Napa Strong Enough" y recursos y publicaciones de la comunidad LGBTQ en el espacio, el sitio web y el material promocional de su organización

DESARROLLAR HÁBITOS DE LENGUAJE INCLUSIVO

- Usar lenguaje inclusivo de género
  - En lugar de: Hombre/Mujer, use Persona
  - En lugar de: damas y caballeros, use Todos o Todes
- Revisar los títulos de los puestos y los honoríficos para incluir lenguaje inclusivo de género

LLAME A LGBTQ CONNECTION PARA PROGRAMAR UN ENTRENAMIENTO AL 707-251-9432

Live Healthy Napa County
Vive Saludable Condado de Napa

OPPORTUNITIES FOR INCLUSION: WHAT WE HEARD FROM LGBTQIA+ YOUTH AND ALLIES IN NAPA COUNTY

"My teacher said their pronouns at the beginning of the year, so everyone did it too. And it's just normal. That was really good."

"Some of the American literature we read has problematic words or themes. My teacher calls it out, and we talk about it. That's how I know he is safe to talk to."

"Teachers do introductions at the beginning of the year- what name you prefer, and pronouns- that showed their commitment and that they are paying attention. "

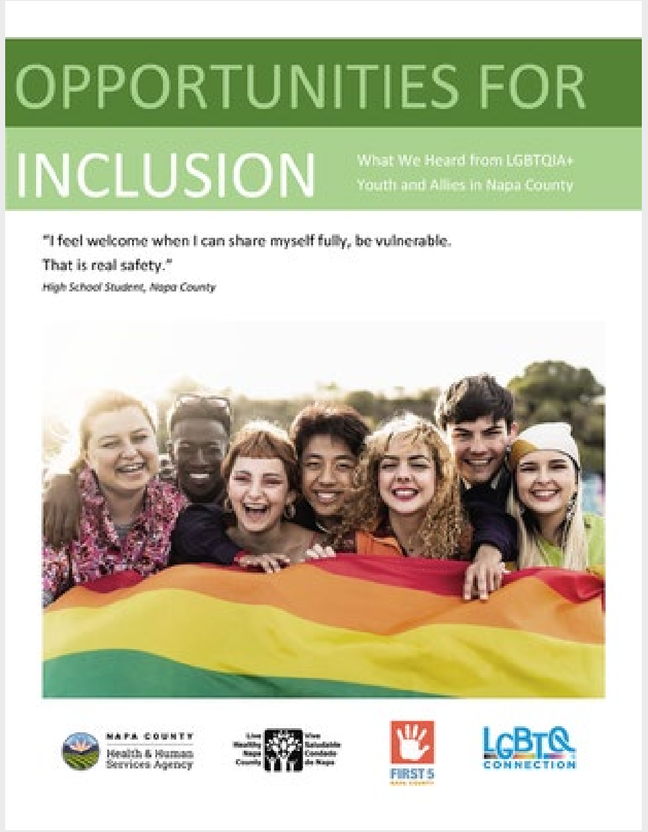
Having pronouns be casual/normal is important – doesn't feel forced.

"When teachers address queerness- like if they're teaching history and include a part about gay history. Then you know they get it."

"If I talk back to bullies, they're definitely just gonna bully me more. The teacher really needs to do it without me asking."

"If I have to go to the teacher to tell on another student, that just make me more of a target."

Please don't let other students dead name me.



QUALITATIVE DATA THEMES:

- Teachers set the tone for classroom safety
- Schools hold a high potential for safety
- Safety comes from people, not from a physical space
- When you can be vulnerable, you can be safe

29 youth community members and 38 adult community members who work with youth and/or LGBTQ community members provided feedback for this report.

Live Healthy Napa County
Vive Saludable Condado de Napa

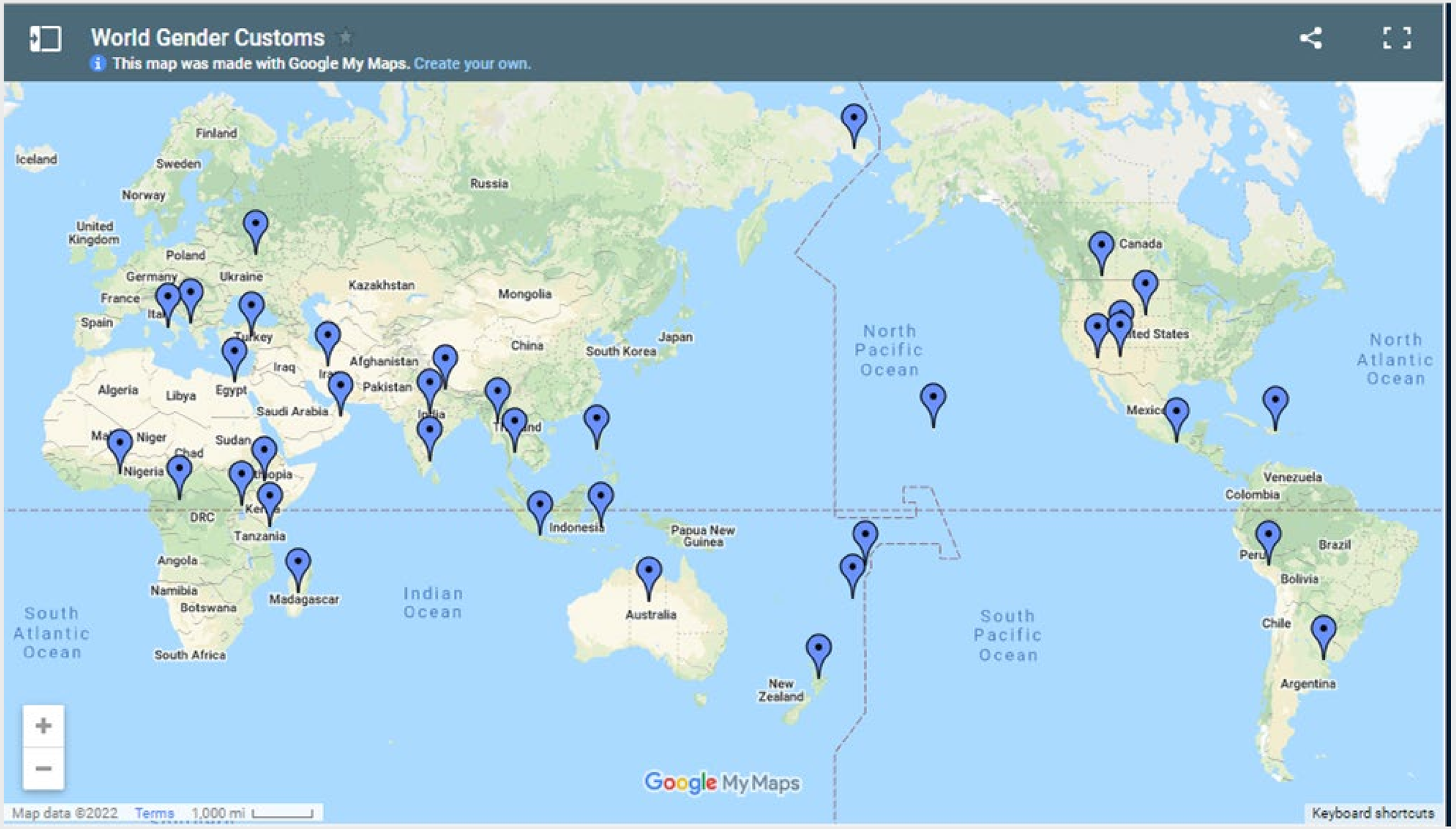
GENDER NEUTRAL SPANISH (aka Queerly and Culturally Responsive Spanish)

The Rainbow Action Network began to offer a variety of trainings focused on gender inclusive language across Napa county in 2016 and created a special training for our collaborative in 2022. These trainings focus on:

- Gender diverse cultures around the world
- How gendered language evolved
- Why it needs to change
- Why people use ‘e’ instead of ‘x’
- And so much more!

Live Healthy Napa County
Vive Saludable Condado de Napa

Gender Diverse Cultures around the World



Gender Inclusive Spanish

when and how to use

Is this word typically gendered?
- Feminine (ending in "a")
- Masculine (ending in "o")

Example: **Niños or Niñas**

Are you talking about a group of people?

If you answered Yes!
Use a gender inclusive "e" ending!
Replace the "o" or "a" ending with "e"

Example: Niñes

Español inclusivo de género

cuando y como usar

¿Esta palabra tiene género?
- Femenino (terminado en "a")
- Masculino (terminado en "o")

Ejemplo: Niños o Niñas

¿Estás hablando de un grupo de personas?

Si respondiste ¡Sí!
¡Use una terminación "e" inclusiva de género!
Reemplace la "o" o "a" que termina con "e"

Ejemplo: Niñes

CONNECTION TO HEALTH

Been bullied at school	• 29% LGBTQ+ students • 16% cisgender and heterosexual students
Used illicit drugs	• 15% LGBTQ+ students • 8% cisgender and heterosexual students
Seriously considered suicide	• 41% LGBTQ+ students • 13% cisgender and heterosexual students
Felt sad or hopeless	• 65% LGBTQ+ students • 31% cisgender and heterosexual students
Been forced to have sex	• 17% LGBTQ+ students • 6% cisgender and heterosexual students
Misused prescription opioids	• 18% LGBTQ+ students • 8% cisgender and heterosexual students

- CDC's **2023** Youth Risk Behavior Survey (YRBS) data show substantial health disparities among LGBTQ+ students.
- In 2023, the national YRBS asked students about transgender identity for the first time. These YRBS data show that an average of 3% of high school students identify as transgender. Another 2% report being unsure if they are transgender. Compared with cisgender students, transgender students and students unsure if they are transgender are:
    - More likely to report violence victimization, unstable housing, and suicidal thoughts and behaviors.
    - Less likely to report feeling close to others at school

Many LGBTQ+ youth thrive during adolescence. But stigma, discrimination, and other factors put them at increased risk for negative health and life outcomes. Stigma comes in many forms, such as discrimination, harassment, family disapproval, social rejection, and violence. This puts LGBTQ+ youth at increased risk for certain negative health outcomes.

Live Healthy Napa County
Vive Saludable Condado de Napa

CONNECTION TO HEALTH

Nearly 4,400 fewer U.S. teens and young adults died by suicide than projected in the first two-and-a-half years of the 988 mental health crisis hotline, a sign that the program is working even as it faces long-term funding challenges.

Following federal cuts to the LGBTQ-specific "press 3" option on the 988 Suicide & Crisis Lifeline in July 2025, California stepped in to fund and restore specialized, affirming mental health support for LGBTQ+ youth. Through AB 1540 and partnerships with organizations like The Trevor Project, California ensures counselors trained in LGBTQ+ competency remain accessible.

Live Healthy Napa County
Vive Saludable Condado de Napa

Table Talk

How might we increase feelings of safety & welcome for LGBTQ community members?

Live Healthy Napa County
Vive Saludable Condado de Napa

LOVE OUT LOUD

Napa Pride 2026

CELEBRATE LOVE,
IDENTITY AND COMMUNITY
IN THE HEART OF NAPA.

June 7 - June 20, 2026

TWO WEEKS. ONE COMMUNITY. LOVE OUT LOUD

Scan me!

FULL SCHEDULE,
EVENT DETAILS & MORE
NAPAPRIDE.COM
@napapride #NapaPride

NAPA PRIDE 2026 HIGHLIGHTS

Join us for three unforgettable events during two weeks of inclusive, joyful celebration for all!

SUNDAY, JUNE 7

OPENING "LOVE OUT LOUD" TEA DANCE
ANDAZ NAPA
1:00 PM - 6:00 PM

SATURDAY, JUNE 13

PRIDE PET PARADE & BLOCK PAWTY
DEUCES MARKET | FIRST STREET NAPA
10:00 AM - 1:00 PM

SATURDAY, JUNE 20

DAY OF SOLITARITY
All Day Downtown Napa
Downtown Activities, Pride Car Parade,
After Party @ The Garden

INCLUSIVE EVENTS | COMMUNITY FOR ALL | SUPPORT LOCAL BUSINESSES

Scan for the full schedule!

NAPA PRIDE IS PROUDLY MADE POSSIBLE BY

Presenting Sponsors: NAPA HOTELS & INNS; SLIPSTREAM Life Sciences, Accelerated.

Designated Healthcare Sponsor: NorthBay HEALTH

Community Sponsors: Joelle Gallagher; ANDAZ; Cecilia; Hispanic Chamber; Visit The Vine; DEUCES MARKET

Next Steps

Register for the next LHNC meeting here!

- We will share meeting outcomes through email, newsletter, and website: www.livehealthynapacounty.org. After May 11th, most of our website will be under construction as we work to become fully ADA compliant. Any links we provide in our meeting notes will stay live!

- 2026 LHNC meeting dates:

August 5th, 2-4 pm
November 4th, 2-4 PM

Live Healthy Napa County
Vive Saludable Condado de Napa

¡GRACIAS por participar!
THANK YOU for participating!