

# **Napa County Collaborative: Live Healthy Napa County**

**SUMMARY REPORT  
LHNC Partner Meeting  
October 13, 2015**



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## OVERVIEW

Live Healthy Napa County (LHNC) embarked on a collaborative process to conduct a Comprehensive Community Health Assessment (CHA) in July 2012 with the aim of establishing the foundation for sustainable improvements in health in Napa County. The LHNC health planning process is based largely on the Mobilizing for Action through Planning and Partnerships (MAPP) framework—a community-driven strategic planning process for assessing and improving community health. MAPP is an interactive process that can improve the efficiency, effectiveness, and ultimately the performance of local public health systems. The LHNC Core Support Team, comprised of seven representatives from St. Joseph Health System, St. Helena Hospital, Kaiser Permanente, Napa County Health and Human Services Agency and the Napa County Coalition of Non-Profit Agencies, provided oversight and strategic direction during the organizing and planning phases of this process.

Early in the process, a core group of approximately 40 Napa County stakeholders were invited to sit on the LHNC Steering Committee to contribute to the development of the CHA and the Community Health Improvement Plan (CHIP). These individuals were carefully selected to ensure a broad representation of residents, businesses, service providers, policymakers, and other entities across Napa County. The purpose of the LHNC Steering Committee was to provide input into the comprehensive planning process, which began with the development of the CHA in the fall and winter of 2012 and continued with the launch of the CHIP process in spring of 2013. Through the CHA process, Steering Committee partners helped to identify health issues most important to Napa County. During the CHIP process, they helped to develop and prioritize strategies to address those concerns. The CHIP was adopted in February of 2013, leading to the development in June 2014 of more detailed document, referred to as the Community Health Action Plan (CHAP), which lays out the specific activities in the CHIP in more detail. The CHAP is being used as the strategic roadmap in the MAPP “Action Cycle”, which consists of planning, implementation and evaluation activities.

In June of 2015, as the collaborative reached the one year anniversary of the completion of the CHAP, it became clear that LHNC would benefit from a revised governance and communication structure. To accomplish this, a sub-committee of Steering Committee and Core Support Team members was convened. The subcommittee drafted a new governance structure that combined the Steering Committee and Core Support Team into one decision making body, the LHNC Leadership Collaborative (LLC). The LLC was designed to also include representation from component plan and other LHNC subcommittees. LHNC participants who are not part of the LLC at this time are invited to attend bimonthly meetings open to all LHNC partners and community members.

Twenty-five LHNC partners attended a meeting at the Napa Library on October 13, 2015. This report summarizes the October, 2015 LHNC Partner Meeting in four sections:

- I. Introduction**
- II. What’s new with LHNC?**
- III. Announcements and Updates**
- IV. Next Steps**

## I. INTRODUCTION

- The meeting began with a welcome from Dr. Karen Relucio, Napa County Health Officer. Dr. Relucio expressed appreciation for the collaboration in the Napa community and highlighted the Valley Fire response as an example.
- Dr. Jennifer Henn is the LHNC Interim Manager; a Staff Services Analyst will be starting soon.
- Due to construction, the conference rooms at the HHS South Campus location are currently unavailable. Future meeting locations are being determined and will likely change from one meeting to the next.

## II. WHAT'S NEW WITH LHNC?

- LHNC has launched a new website: [www.livehealthynapacounty.org](http://www.livehealthynapacounty.org). The new Prezi presentation and video highlight were played for those in attendance. While the site is still under construction, the following are available:
  - Calendar of Events- Partners are encouraged to submit any LHNC related events to be included on the calendar.
  - Key LHNC documents, including the CHA, CHIP, CHAP, and Obesity Prevention Plan
  - Links to data sources and GIS Maps
  - A Prezi presentation including voiceover describing the history of LHNC and highlighting current efforts in each priority area.
  - Short video highlighting the Calistoga Garden project
  - Partner profiles – partners are highly encouraged to set up a profile to participate in LHNC discussions on the website
- Joelle Gallagher, Executive Director of Cope Family Center and one of the co-chairs of the LHNC Leadership Collaborative, described the newly adopted **LHNC governance structure**. The governance structure was created to better accommodate the needs of the implementation phase for the LHNC CHIP and CHAP. The former Core Support Team and Steering Committee have been combined to form the LHNC Leadership Collaborative (LLC). The role of the LLC is to provide strategic direction, hold the vision and goals of the effort, oversee implementation of the CHIP and component plans, ensure alignment between strategies and the CHA/CHIP, and serve as the decision-making body. Decisions will be made by consensus. If consensus is not possible, then decisions will be made by majority vote. The LLC is comprised of representatives from each of the stakeholder/sector groups. Also included in the LLC are chairpersons from the component plans (Obesity, Older Adults, Poverty, and Behavioral Health) and subcommittee members (Data and Evaluation, Communications, and Core Support Team). Joelle Gallagher and Alissa Gentile are co-chairs of the LLC.
- Jennifer Henn presented information from the first Annual Progress Report on LHNC CHIP/CHAP activities. This report is based on activity reports solicited from the activity leads listed within the CHAP. Activities that were not reported to LHNC staff could not be included in the data, but we recognize that some of these activities may indeed be in progress or

complete. Overall, there is great progress on the activities with 54% reported as either “complete” or “in progress.” It is clear that there is a lot to track and there is a need to set priorities for the activities contained in the CHIP. Some partners reported that they had activities in progress, but had not received a request to submit an activity report. The system for collecting data from lead agencies will be refined to ensure the most comprehensive picture of what is happening. Prioritizing the activities in the CHIP/CHAP and deciding how to move forward at this point in the implementation phase will also be a priority for the LLC in the coming months.

### III. ANNOUNCEMENTS AND UPDATES

The purpose of the Partner meeting is to network, share information and keep the collaborative informed of LHNC progress. With that in mind, many attendees shared updates.

- Funding the Next Generation expressed gratitude for all the information and data that other organizations contributed. They will be administering a community poll to gather input on children’s priority areas of need, funding/taxes, etc.
- Dr. Relucio presented a brief overview of Accountable Communities of Health- a model in which county and private funds are held in a wellness trust (501(3)(c)) where funds can be protected from the effects of economic downturns. The funds would be available for health improvement projects in the county. The ACH model is a way for communities to gain funding for collaborative work on a specific issue, such as diabetes, asthma, or heart disease. The success of the LHNC collaborative positions us for a competitive application for funding to be an Accountable Community for Health. In this model, local Public Health applies for the ACH funding, but the funds (if awarded) would then be deposited into a “Wellness Trust”. Money within the trust is used to fund the integrator/backbone support and health interventions. Creating a 501c3 allows the greatest flexibility with funding activities to promote health.
- Up Valley Family Centers is holding its annual Dia de Los Muertos event on November 1, 2015. They are also organizing a town hall meeting in Calistoga to engage residents in their perceptions of health and needs in the community.
- The Poverty component plan team reported that the Minimum Wage presentation to the Board of Supervisors this week was comprehensive and well done. All who presented and spoke in favor of the increase were appreciated.
- NEWS staff have participated in a Community Advocacy Project, which is an evidence based practice that allows the survivor to control the direction of their intervention and for the advocate to provide women the tools they need to successfully advocate for themselves. Staff are being trained to train others on this program.

- The Tobacco Concierge Referral Service at QVMC is up and running. The service includes doctor referrals for people with smoking-related illness. Facilitators go to the hospital and speak with patients regarding cessation. They will also go to the patient's home after discharge. Next steps include implementing a referral system in the ER.
- Napa will be having a Dia de Los Muertos event on November 1, 2015 at Harvest Middle School, from 10 am-4 pm.
- The Napa Chamber of Commerce is holding a town hall meeting regarding minimum wage on October 19th in the evening.
- October 24th is Food Day- a nationwide celebration that inspires residents to change their diets and our food policies. There will be events at the Napa Farmer's Market in the morning and at Napa Valley College in the evening. <http://napalocalfood.com/event/food-day/>
- Ivan Chaldez of NVUSD reported that many LVN and Social Worker positions have been restored in the schools. There is a current focus on health for Middle Schools and the district is implementing a Wellness Center model. The Wellness Center is a "one stop shop" where students can access a Nurse, Social Worker, Counselor, and Parent Liaison. Some middle schools are using existing buildings and others are constructing new buildings to house the Wellness Center.
- The Behavioral Health component plan may not move forward as currently written/structured. The next meeting will be used to determine next steps. Current efforts on behavioral health activities will be inventoried and reported back to LHNC staff. Bill Carter and Rob Weiss are the co-chairs of the planning team. The next meeting is November 17th at 2PM. Partners are encouraged to attend and provide input on future planning efforts.
- QVMC staff are receiving training on Screening, Brief Intervention, and Referral to Treatment (SBIRT). This is an early intervention approach to treating and preventing substance use disorders. It is also being used at Ole Health. Once QVMC updates the electronic medical records system, SBIRT can be implemented. QVMC is also using a screening instrument designed to identify obstetrical patients at risk for use of tobacco, alcohol, or drugs. It is called 4P's Plus.
- The Older Adult component plan is in early stages of development. Initial plans include partnering with HAPI to support the needs of older adults and elevate awareness in the community of older adult issues. Kris Brown and Celine Regalia will co-chair this team.
- There will be a town hall meeting at Phillips School in December. The purpose of this meeting is to create a mission and vision for Phillips School. LHNC has requested to be involved in the planning so that we may also use the meeting as an opportunity to share data collected at the Phillips Neighborhood town hall meeting held earlier this year. A Youth Leadership group from

On the Move has expressed potential interest in working to address the infrastructure needs in the Phillips neighborhood that were identified during the earlier town hall meeting.

#### **IV. SUMMARY AND NEXT STEPS**

- LHNC partner meetings will occur bimonthly going forward.
- Meeting attendees agreed to go back to meeting the second Monday of the month to avoid conflicts with the Board of Supervisor meeting.
- The next LHNC Partner meeting will be December 14, 1:30-3PM. The location is TBA.